"USE YOUR FEET FOR FREEDOM" AND "RUN FOR COURAGE" HIGHLIGHT FALL EVENTS

On Saturday, Oct. 4, Vineyard Christian Fellowship of the Peninsula is sponsoring its "Use Your Feet for Freedom" 5K Run/Walk, taking place at the Baylands Athletic Center at 1900 Geng Road in Palo Alto at 8:00 a.m. We salute Katie Fantin, Niki Liming and the entire VCFP team for organizing this fundraiser, which benefits Freedom House and Hagar International. For information and registration: http://tinyurl.com/omxe4bv

Run for Courage, a leading Northern California advocacy organization, is holding its signature race in Folsom on Saturday morning, September 27. For those who would like to participate closer to the Bay Area, Run for Courage is having its second annual Run for Courage race in Oakland on Saturday, November 8th. For details: http://engage.runforcourage.org/site/TR?fr_id=1100&pg=entry

Freedom House advocates will be staffing information tables at the VCFP and Run for Courage events, and many supporters have registered to participate in the races. We hope to see you there!

NEST AND MONARCH RESIDENTS THRIVE IN BAY AREA SHELTER HOME ENVIRONMENTS

The Nest: September activities kicked off on Labor Day when the teenage residents at The Nest joined staff and volunteers for a memorable day at the Great America amusement park in Santa Clara. Roller-coaster thrill rides, splash-soaking water attractions and screams of delight captured the excitement of these young survivors as they experienced the pleasures of being a child, in several cases, for the first time in their lives. If you would like to sponsor future recreational events for the adolescent girls, please contact Info@FreedomHouseSF.org.

The Monarch: The hard-working survivors at The Monarch continue to make progress on their long-term goals to build new lives. All residents have part-time jobs or internships, and many are continuing their education while working. We welcomed a new resident ten days ago, who already is enrolled in a GED program and has a part-time job. In addition, several survivors are creating new jewelry designs for the upcoming holiday season, as Freedom House supporters often appreciate having one-of-a-kind items available for gifts. Survivor jewelry is being presented at many community events during the next few months.
"SWING FOR FREEDOM" SET FOR OCT. 17
Los Lagos Golf Course, San Jose, 8:30 a.m.

Do you have friends or associates who would enjoy playing golf for a good cause? On Friday, Oct. 17, our golf fundraiser is being held at the beautiful Los Lagos GC, with proceeds benefiting The Nest. From 8:30 a.m. to 5:00 p.m., our golfers will play a total of 50 holes. By playing two shots from each location and going to the best shot, "Swing for Freedom" becomes a 100-hole marathon, guaranteeing bragging rights to all participants! Jim Coles, the PGA Pro Golf instructor who is helping to organize the event, will be on the course, sharing golf tips and videotaping players' games to provide a customized, video-improvement plan for each golfer. It's a special thank-you gift, which participants truly enjoy! Of course, breakfast, lunch and dinner are provided, in addition to plenty of refreshments and fun! To speak with Jim Coles and learn more details about the event, please contact Golf@FreedomHouseSF.org.

FREEDOM HOUSE ADVOCATES TO BUILD AWARENESS THROUGHOUT COMMUNITY

Outreach Opportunities Include:
- 9/26: Salvation Army, San Francisco
- 10/4: Coastside Baptist Church, Half Moon Bay
- 10/7: UC Berkeley Training
- 10/14: San Jose State Criminal Justice class
- 10/16: Ernst & Young, San Jose
- 11/5: Rotaract Club of Greater Fremont.
- 11/15: Community Christian Christmas Boutique, Morgan Hill

If you would like your civic group, business, faith-based organization or school to host a Freedom House speaker, create a panel discussion on human-trafficking issues, provide an information table at an event or offer survivor-made jewelry, please contact Young Hsu, our outreach coordinator, at Young@FreedomHouseSF.org.

PRO-BONO SERVICE PROVIDER
Dr. Bradford Chang, O.D.

Since The Monarch opened in 2010, Dr. Bradford Chang, O.D., has been a prime supporter of Freedom House. He first learned about the organization when founder Jaida Im spoke at Sunset Church in San Francisco. Afterwards, he met Karl Im, Jaida's husband, who shared the needs of survivors. Dr. Chang quickly realized that eye care would be something that he could easily provide, and was happy to volunteer his services. Throughout the years, Dr. Chang also has supported Freedom House by sponsoring tables at the Gala and The Nest fundraising concert. Dr. Chang comments, "I feel blessed to be able to take part in the aftercare of survivors to whom Freedom House is able to bring new life."

ADVOCATE AND SHELTER VOLUNTEER
Felicia Larson

Felicia became aware of human trafficking five years ago, but it was the statistic about the young age of American girls who are lured into this devastating life which gripped her attention. Through a prayer circle, she learned about Freedom House, and became overjoyed to know that she could become a part of the effort to bring help and healing to survivors. "It never was a thought in my mind that I could help survivors up close and personal, yet it has been such a blessing to my life to share from my own healing journey," comments Felicia. As a professional
public speaker, life coach and Bible teacher, Felicia has volunteered with the residents for several years, teaching on a range of topics from anger to conflict resolution to setting boundaries in relationships. Felicia has a family and busy schedule, and wishes she could spend more time with the ladies at Freedom House, but says every moment is as precious as each woman she has had the privilege to become acquainted with.

**ADVOCATE AND SHELTER VOLUNTEER**  
Rose Mukhar

Rose is a social justice, human rights, and crime victims' rights attorney with over five years of experience representing children, women and men who are refugees or survivors of domestic violence, torture and human trafficking. She recently earned an LL.M degree in International Legal Studies with a focus on human rights from Golden Gate University School of Law. Rose spent the summer of 2012 studying the prosecution of war crimes involving child combatants in The Hague, Netherlands, through American University, Washington College of Law. She considers herself a modern-day abolitionist and is passionate about eradicating slavery, because no person in the world deserves to be exploited or manipulated or treated as if they are disposable. By providing legal services, Rose is supporting victims to become not only survivors of trafficking, but thrivers in their own lives. Rose says she is inspired and driven by the strength, courage and grace of her clients and is honored to volunteer for Freedom House.

**About Freedom House:**
Located in the San Francisco Bay Area, Freedom House is an independent 501(c)(3) non-profit organization (Tax ID #27-0248325), with a mission to bring hope, restoration, and a new life to survivors of human trafficking by providing housing and long-term aftercare services. In August 2010, Freedom House launched The Monarch, the first safe home and aftercare program of its kind in Northern California for adult female survivors. The Nest, located in Santa Clara County, is one of the few residential shelters in the country dedicated to helping girls ages 12 to 17. Through its pioneering aftercare model, Freedom House is breaking the cycle of human exploitation and creating new futures for survivors. To learn how you can become involved, visit [www.FreedomHouseSF.org](http://www.FreedomHouseSF.org)