



www.FreedomHouseSF.org

HOLIDAY MATCHING GRANT CHALLENGE **Help Freedom House Raise \$100,000**

Participate in the Matching Grant Challenge and have every dollar you donate instantly doubled by an anonymous group of kind supporters who have pledged up to \$50,000 in matching funds. Your generous gift will provide housing, food, clothing, transportation, and educational and job-training opportunities to local human-trafficking survivors. This annual fundraiser runs through January 17, allowing time for you to share your commitment to help end modern-day slavery with your friends, relatives and business associates throughout the holiday season. When concerned citizens understand how human trafficking is happening here in our own backyard, we can work together to bring hope, restoration and a new life to survivors in the San Francisco Bay Area. To support human-trafficking survivors: www.FreedomHouseSF.org/Donate



There Are Many Ways to Give

Donate through AmazonSmile: Shop online at AmazonSmile and help raise funds for the survivors we serve. Log-in by using your existing Amazon account information, then scroll down to find your favorite charity. Freedom House is listed under its corporate name: TWBD, Inc. You'll receive the same bargains and benefits you appreciate at Amazon, while knowing that 0.5% of the price of eligible AmazonSmile purchases will be donated. To shop: <https://smile.amazon.com>

Donate Gifts of Stock: Instruct your broker or banker to transfer a stock gift to our Charles Schwab account by using the transfer information located at www.FreedomHouseSF.org/Donate

Donate Your Vehicle: Freedom House welcomes your donations of cars, trucks, boats, RVs, jet skis, snowmobile or motorcycles. Visit www.DonationLine.com to view the alphabetical charity listings, then select Freedom House as your preferred organization. DonationLine will arrange a free pick up no matter if the vehicle is running or not!

Donate By Mail: If you prefer to make a financial gift by mail, please send your check made payable to Freedom House at P.O. Box 2065, Burlingame, CA 94011.

Employee Matching-Grant Programs: Freedom House has been recognized to receive donations from the following companies through their employee matching-grant programs: Apple, Blue Shield of California, Cisco, Electronic Arts, Esurance, Genentech, Google, Pfizer, Qualcomm, Sony Mobile Communications, The Capital Group and Yahoo! If your company offers philanthropic support to non-profits, please recommend Freedom House as a future recipient.

MONARCH RESIDENTS DESIGN JEWELRY:

Led by long-time shelter volunteer Karen Yu, survivors who live at The Monarch, the Freedom House residential shelter and aftercare program for women, learn to express their creative talents by designing and making unique jewelry pieces. Survivor-made necklaces, bracelets and earrings

often are offered as thank-you premiums when donations are given at various community events. If you would like to invite Freedom House to speak before your group or staff an information table, and spotlight survivor jewelry, please contact Young@FreedomHouseSF.org to schedule an advocacy event in 2015.



ART THERAPY AT THE NEST:

Since opening The Nest, art therapy has been a vital aspect of the therapeutic healing process for the adolescent girls who have experienced commercial sexual exploitation. Serena Martinez, the MFTi Art Therapist intern at The Nest, who will be studying for her Ph.D in art therapy in 2015, established the art room to be a safe place for our residents to explore creative self-expression through a multitude of art media. Girls have made collages for their bedrooms, written songs and poetry, molded clay sculptures, made T-shirts, painted masks and kept art journals. Residents recently made Christmas ornaments before decorating the shelter tree.



Each day, Serena is awed by the resilience exhibited by the girls as their individualism and creative abilities are expressed through the art process. Serena cites a quote by Georgia O'Keefe to describe the value of art therapy: "I found I could say things with color and shapes that I couldn't say any other way - things I had no words for." Art therapy at The Nest is made possible through the passion and support of its staff and a generous donor who believes in the transforming power of the program.

JOIN THE GALA PLANNING COMMITTEE

If you would like to meet your fellow abolitionists and become involved in making the Freedom House 6th Annual Gala a tremendous success, please consider serving on one of its fun committees: auction, decorations, promotion, sponsorship and registration. The event is set for **Saturday, April 25**, at the Crowne Plaza Hotel in Foster City. Gala tickets will go on sale in mid-January. To volunteer to be a committee member, contact Tina@FreedomHouseSF.org.



ADVOCATE VOLUNTEER

Pastor Barney Wiget

After 30 years of church planting and pastoring, Barney now works with ministries serving the poor in San Francisco's Tenderloin and Haight-Ashbury districts. He discovered the enormity of the human-trafficking problem through the Not for Sale movement, then heard about Freedom House from a local pastor. While addressing the prevention and intervention aspects of abolitionism through his street ministries, Barney particularly is drawn to aftercare of trafficking victims and the work that Freedom House does.



"As a pastor, I often referred people to trained therapists who would be able to help those with brokenness beyond my expertise.

Bringing the kind of therapy to a survivor of trafficking is a very specialized form of therapy, which requires a holistic approach," comments Barney. He speaks of traffickers as ones who, "for their own financial benefit, throw people into a sewage-filled river to drown. Some abolitionists go upstream to save as many as possible from being pushed in, while others go downstream to serve those who survived drowning. Even after someone survives drowning in the sewer, the PTSD smell stays in their 'smeller.' Time doesn't heal all wounds, but some wounds take a long time to heal. The staff of The Monarch and The Nest are willing to take the long time."

About Freedom House:

Located in the San Francisco Bay Area, Freedom House is an independent 501(c)(3) non-profit organization (TWBD, Inc. Tax ID #27-0248325), with a mission to bring hope, restoration, and a new life to survivors of human trafficking by providing housing and long-term aftercare services. In August 2010, Freedom House launched The Monarch, the first safe home and aftercare program of its kind in Northern California for adult female survivors. The Nest, located in Santa Clara County, is one of the few residential shelters in the country dedicated to helping girls ages 12 to 17 who are survivors of commercial sexual exploitation. Through its pioneering aftercare model, Freedom House is breaking the cycle of human exploitation and creating new futures for survivors. To learn how you can become involved, visit www.FreedomHouseSF.org

For more information:
Info@FreedomHouseSF.org
