JOIN THE 5K RUN/WALK SATURDAY, AUGUST 10

"Use Your Feet for Freedom" to benefit Freedom House. Vineyard Christian Fellowship of the Peninsula is hosting this fun 5K through the Palo Alto Baylands, beginning at 8:00 a.m. at the Baylands Athletic Center at 1900 Geng Road in Palo Alto. It's a timed race, with prizes being awarded to the first three runners to cross the finish line. Participants who prefer to walk will start at 8:15 a.m. VCFP is offering a great experience for family members of all ages, with children 7 and under being able to enjoy a short run after the completion of the 5K. Souvenir T-shirts will be given to all registered participants. Sign up today: http://www.freedomhousesf.org/events

QUILTMAKING FOR A CAUSE
Anna Chan has organized the creation of 24 beautiful twin-size, handcrafted quilts for residents at The Monarch and The Nest. More than 1,296 cross blocks (56 blocks per quilt) were formed and now are being assembled by a diverse group of 87 volunteers from MERCY Ministry, QuiltWorks Collaborative, quilting classes, and sewing circles, as well as personal friends of Anna’s who want to support human-trafficking survivors. In addition, QuiltWorks is adding a coordinated pillowcase with each quilt donation. This artistic expression of compassion and love will be enjoyed by survivors at The Monarch and The Nest for many years to come.

INAUGURAL "SWING FOR FREEDOM"
Duffers and Low-Handicappers Are Invited

Freedom House is in the early stages of developing its inaugural "Swing for Freedom" golf event, which offers a fresh twist when pairing golf and fundraising. In late October, sponsored golfers will experience a memorable day on the greens, as every completed hole of golf raises money for human-trafficking survivors. As a special thank-you premium, participants will receive a customized, videotape improvement plan
for their golf game, created by Jim Coles, our PGA Pro golf instructor, who will be analyzing individual golfing skills during the event. For details, please contact Frances@FreedomHouseSF.org.

ENTREPRENEURS RAISE FUNDS
Freedom House is grateful for the many fundraising activities being created by its entrepreneurial supporters.

Helen Fong, an independent consultant with Rodan + Fields® Dermatologists, is donating 25% of her commissions to help human-trafficking survivors between August 15 and September 15. Founded by respected dermatologists Dr. Katie Rodan and Dr. Kathy Fields, creators of Proactiv® Solution, Rodan + Fields is a leading anti-aging skincare company (https://helenfong.myrandf.com). You’re cordially invited to attend two demonstration parties on August 22 and September 11, 6:30 - 8:00 p.m., which are being held at the Terra Serena Luna Clubhouse, 700 S. Abel Street in Milpitas. For more information, please contact Helen at 408.307.1771 or via email at htfong@gmail.com.

Primo Martinez, CEO of www.Meant4moreapparel.com, is donating 20% of the company's proceeds through August 10, in addition to contributing souvenir T-shirts for the "Use Your Feet for Freedom" 5K run/walk. Kudos to Gloria Lee for organizing her generous Stella & Dot promotion in July. Lindsay Sullivan supports Freedom House through her SET Boutique (Support Ethical Trade) www.setboutique.com. We also wish to thank Julia Robertson for donating a portion of her proceeds from Sweet Asylum Beauty Parlor (www.sweetasylum.com). If you would like to have your business support Freedom House, please contact Info@FreedomHouseSF.org.

SHELTER VOLUNTEER & PRO-BONO SERVICE PROVIDER:
Noelle Chun

Noelle first began volunteering at Freedom House when her friend said that translation skills were needed to help survivors. After spending time with the women who lived as The Monarch, she was inspired by their strength and felt convicted to help stop human trafficking by caring for the residents on a regular basis. That was two and a half years ago. Today, Noelle leads Fellowship Night at the house and also contributes videography, photography, and photo booth services as Spirit Life Studios http://spiritlifestudios.com. In her day job, she works as a storyteller and marketer in tech. Noelle has felt blessed in her life and wants to share that blessing with others. She believes we can all work together to stop modern slavery. Every person counts!
SHELTER VOLUNTEER:
Sherry Young

After working in financial services in New York, Sherry moved to the Bay Area to work for start-ups, largely in e-commerce. While enjoying her new career and the healthy outdoor lifestyle for which Northern California is known, she was shocked to learn how her newly adopted home region was a major hub for human trafficking. One of Sherry’s friends who had met Jaida told her about Freedom House, and she knew it would be the right volunteer opportunity. Sherry was impressed with the educational shelter volunteer training program and the unexpected bonus of making wonderful new friends. In Sherry’s own words,” Working at Freedom House has taught me enormously about patience, gratitude and forgiveness. I also learned a great deal about volunteering: the expectations that I had about it, redrawing those expectations, and learning that caring about someone doesn't necessarily stop once I've signed out of the volunteer-schedule binder.”

SUMMER INTERN ROCHELLE KWAN:
Loyola Marymount University Student with a Passion to Learn More about Human Trafficking

Rochelle has completed her three-month internship and now continues with her studies about human trafficking at the Danish Institute for Study Abroad through its Prostitution and Sex Trade educational program. While in Copenhagen, Rochelle also will be helping to organize a global conference with the Safe and Alive Foundation, a Danish anti-trafficking group. By learning more about the trafficking issues in Europe, Rochelle plans to bring her international knowledge to her work to end modern-day slavery here at home. We look forward to seeing Rochelle in December before she returns to Los Angeles to complete her degree.

FREEDOM HOUSE ADVOCATE VOLUNTEER
APPLICATIONS ARE DUE ON AUGUST 15TH
http://www.freedomhousesf.org/getinvolved

THE MONARCH UPDATE
Success stories abound, as two survivors prepare to graduate this fall with good full-time jobs and independent housing. Beach picnics, group hikes, voice instruction, yoga, baking, jewelry-making, crafting lessons and even a home-cooked Saturday morning breakfast are among the many special activities residents have enjoyed this summer while healing from the trauma of their past, studying for a GED or pursuing vocational training.
THE NEST UPDATE
Fifteen large trees were planted at The Nest last weekend under the direction of Miranda Hudson, a landscape designer with Tom Klope Associates, who provided the trees and hired expert landscapers to help. Billy Wang and a group of strong volunteers also dug two-foot holes around the property to place the trees in optimum locations for added privacy. We are grateful for the team of volunteers who are contributing their talent to The Nest. A full report about the many major improvements at The Nest will be shared in the September newsletter.

AUGUST "WISH LIST"
Freedom House currently is seeking the following professional service providers: dermatologists, trauma-informed licensed therapists (males and females), dentists and orthodontists, graphic designers and grantwriters. If you can help, please contact Info@FreedomHouseSF.org. Thank you!

ABOUT FREEDOM HOUSE:
Located in the San Francisco Bay Area, Freedom House is a 501(c)(3) non-profit organization with a mission to bring hope, restoration, and a new life to survivors of human trafficking by providing housing and long-term aftercare services. In August 2010, Freedom House launched The Monarch, the first safe home and aftercare program in Northern California for adult female survivors of human trafficking. The Nest, its innovative residential shelter for minors, is scheduled to open in late 2013. Through its pioneering aftercare model, Freedom House is breaking the cycle of human exploitation and creating new futures for survivors of all ages. For more information, please visit www.FreedomHouseSF.org

Romans 8:28 "And we know that all things work together for good to those who love God, to those who are the called according to His purpose. “ NKJV